



ACTIVE LIVES SURVEY

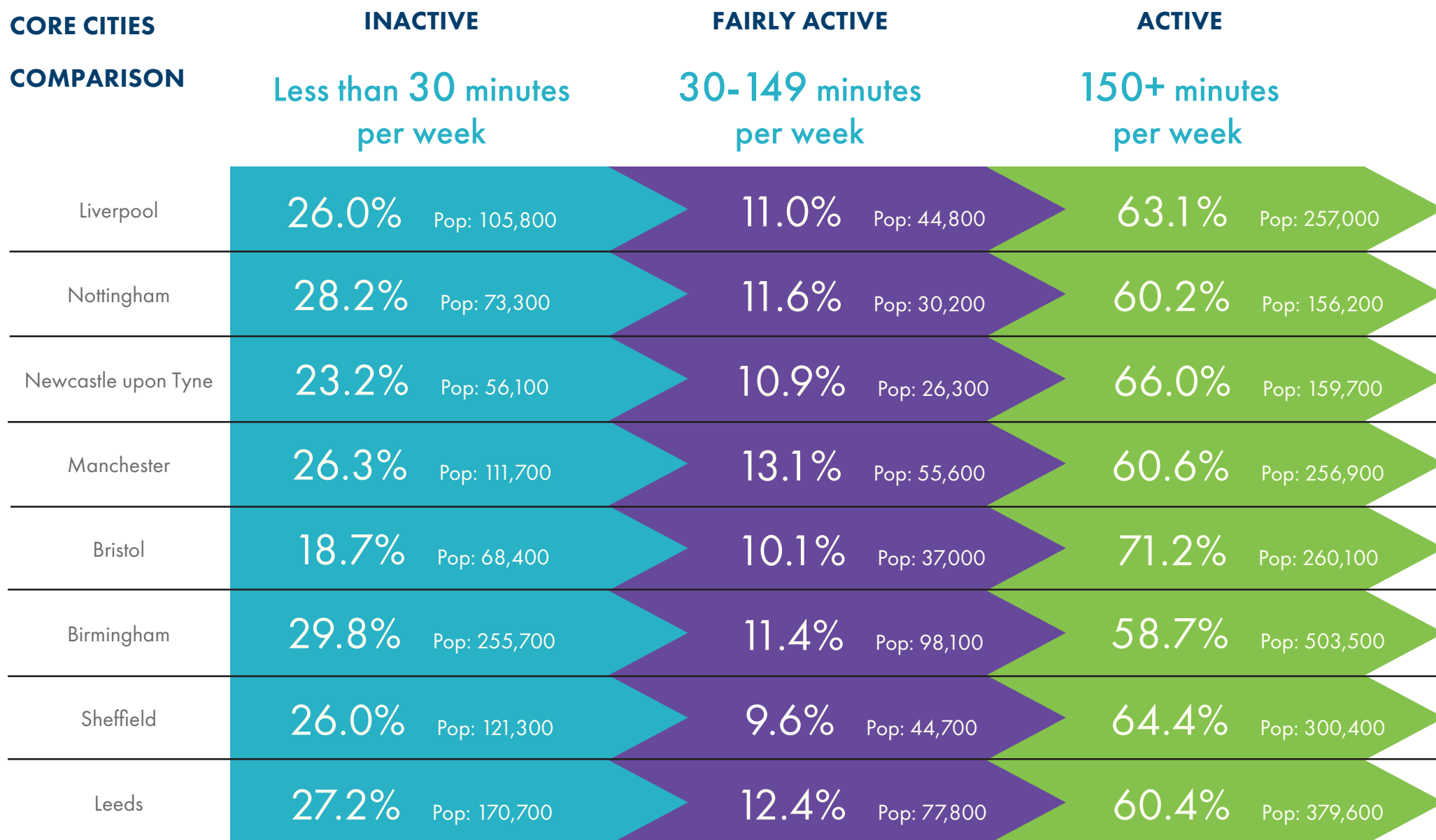
MAY 17/18 REPORT

OCTOBER 2018 DATA RELEASE

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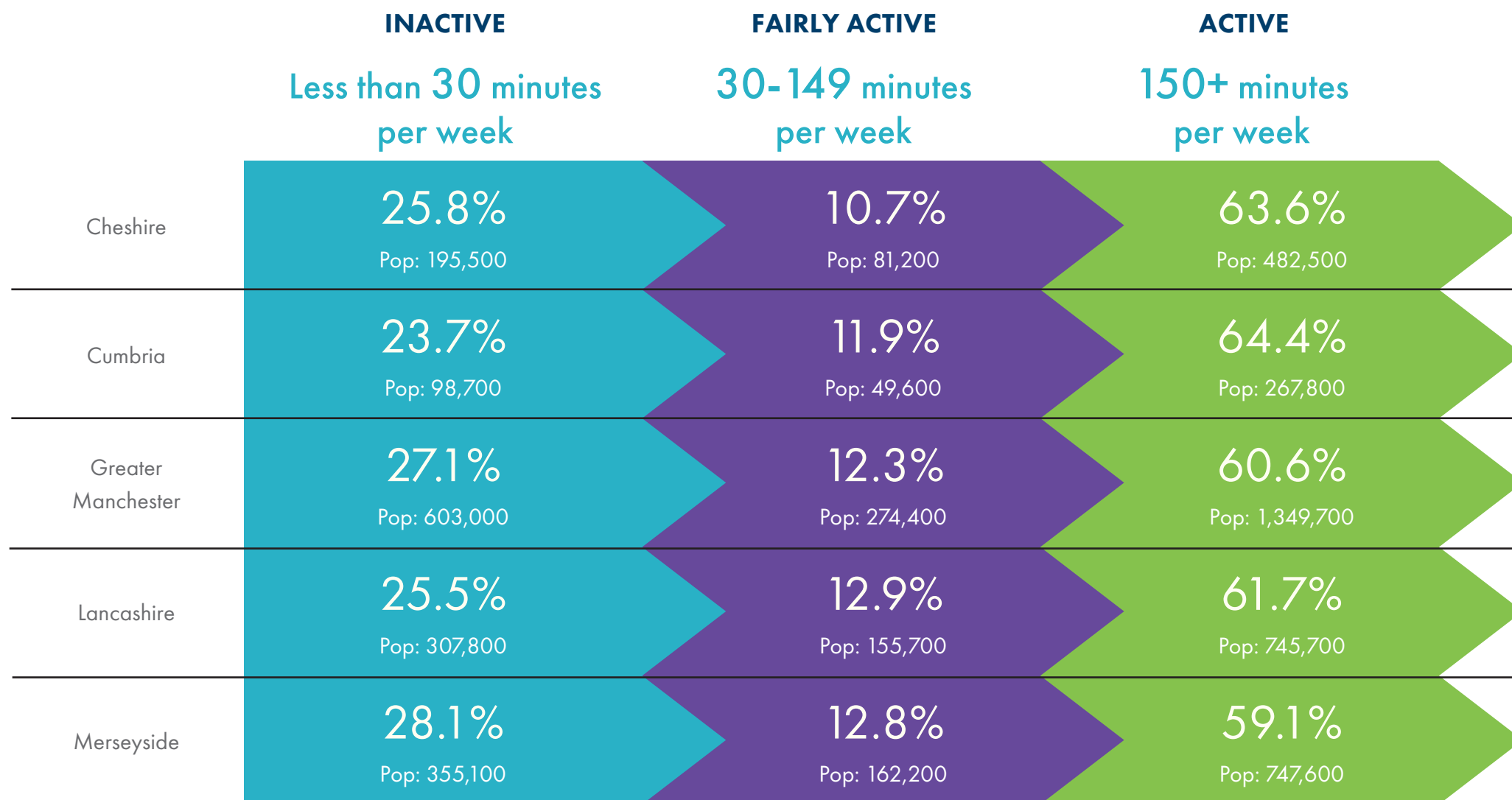
ACTIVE LIVES SURVEY



N.B: All data is from the Active Lives Report and data associated and linked within the report

ACTIVE LIVES SURVEY

MERSEYSIDE AND NEAREST CSP'S

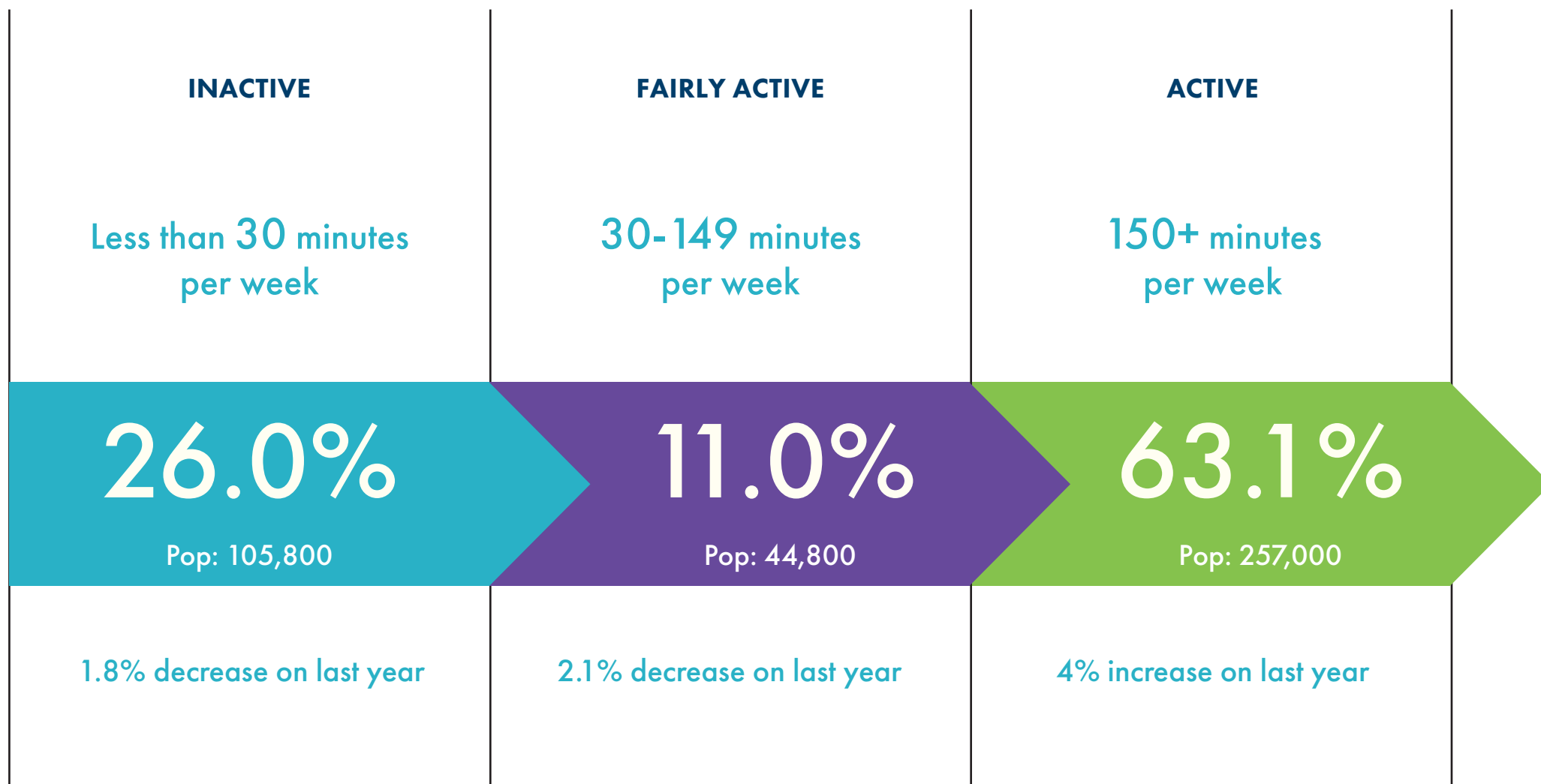


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LIVERPOOL

Survey Sample Size: 2,023

Active Lives Survey - May 17/18

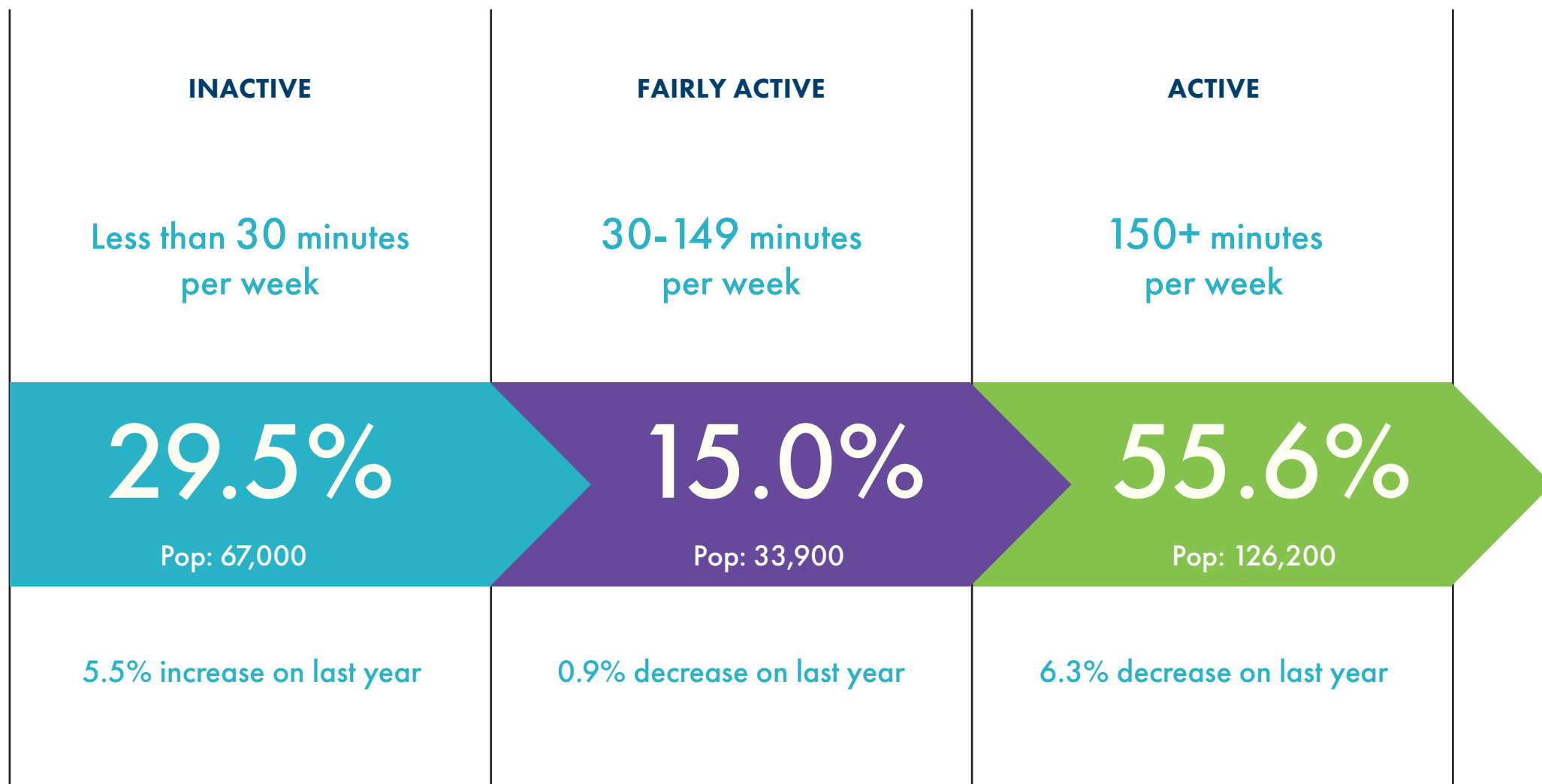


N.B: All data is from the Active Lives Report and data associated and linked within the report

SEFTON

Survey Sample Size: 440

Active Lives Survey - May 17/18

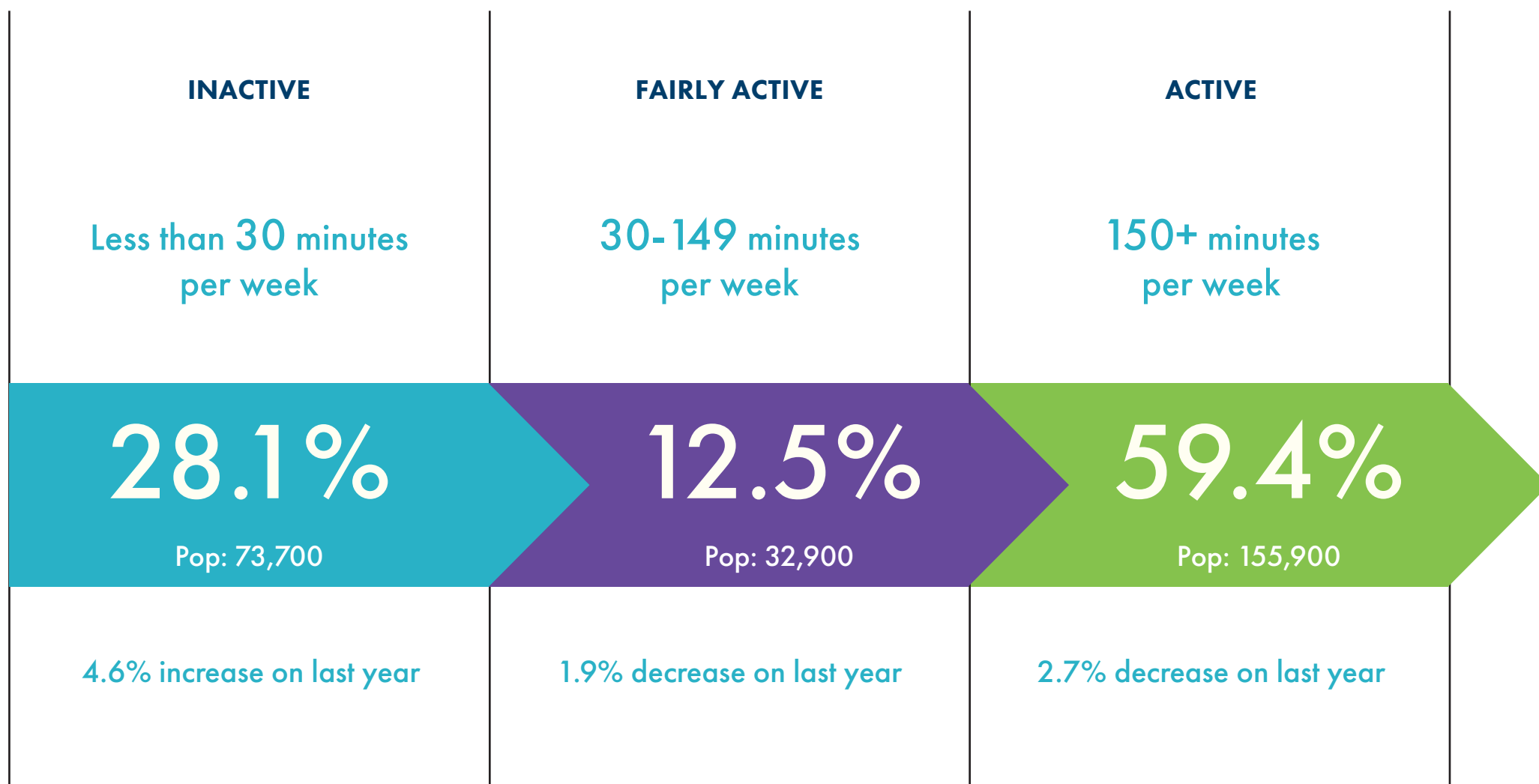


N.B: All data is from the Active Lives Report and data associated and linked within the report

WIRRAL

Survey Sample Size: 523

Active Lives Survey - May 17/18

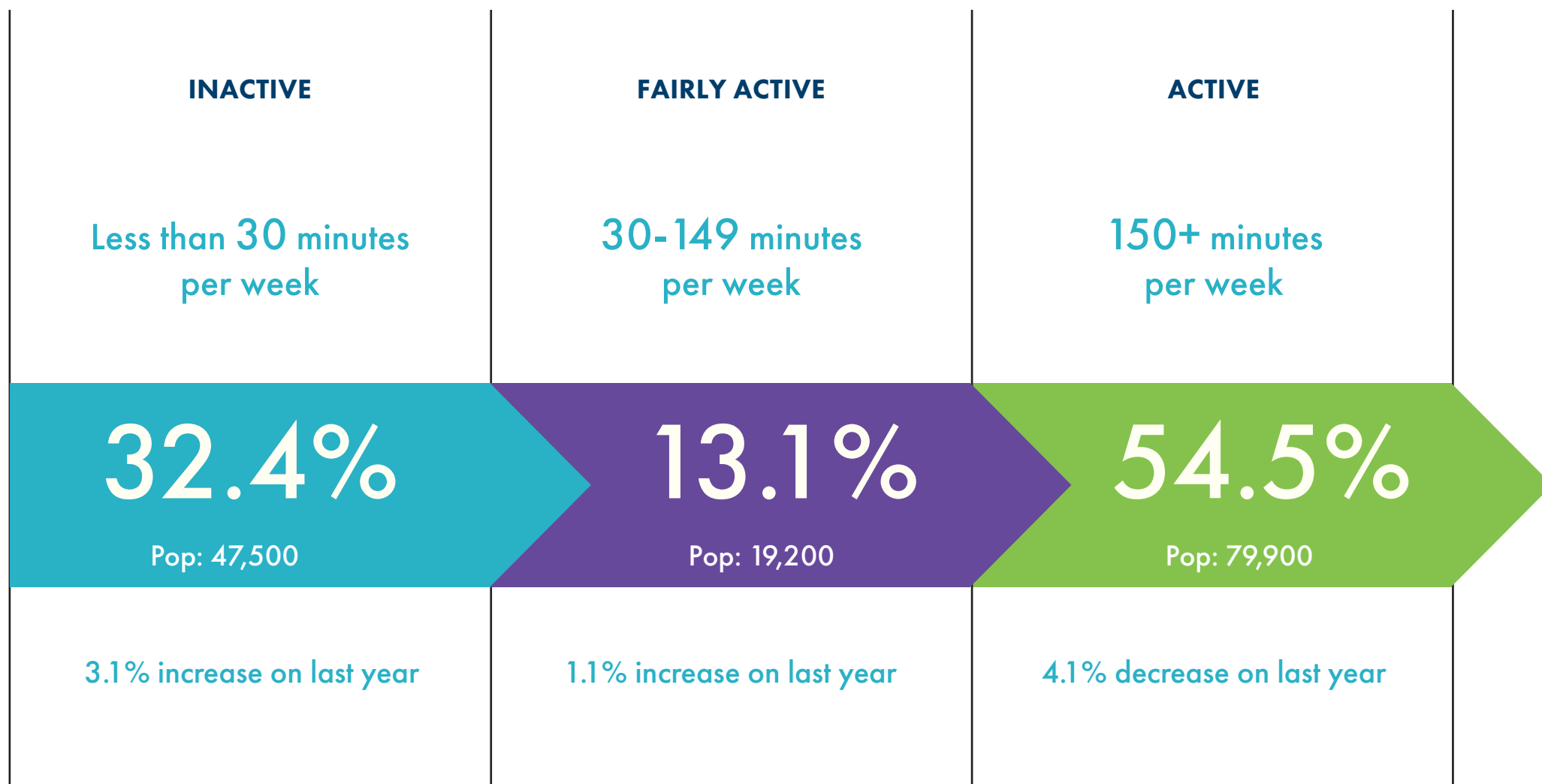


N.B: All data is from the Active Lives Report and data associated and linked within the report

ST. HELENS

Survey Sample Size: 470

Active Lives Survey - May 17/18

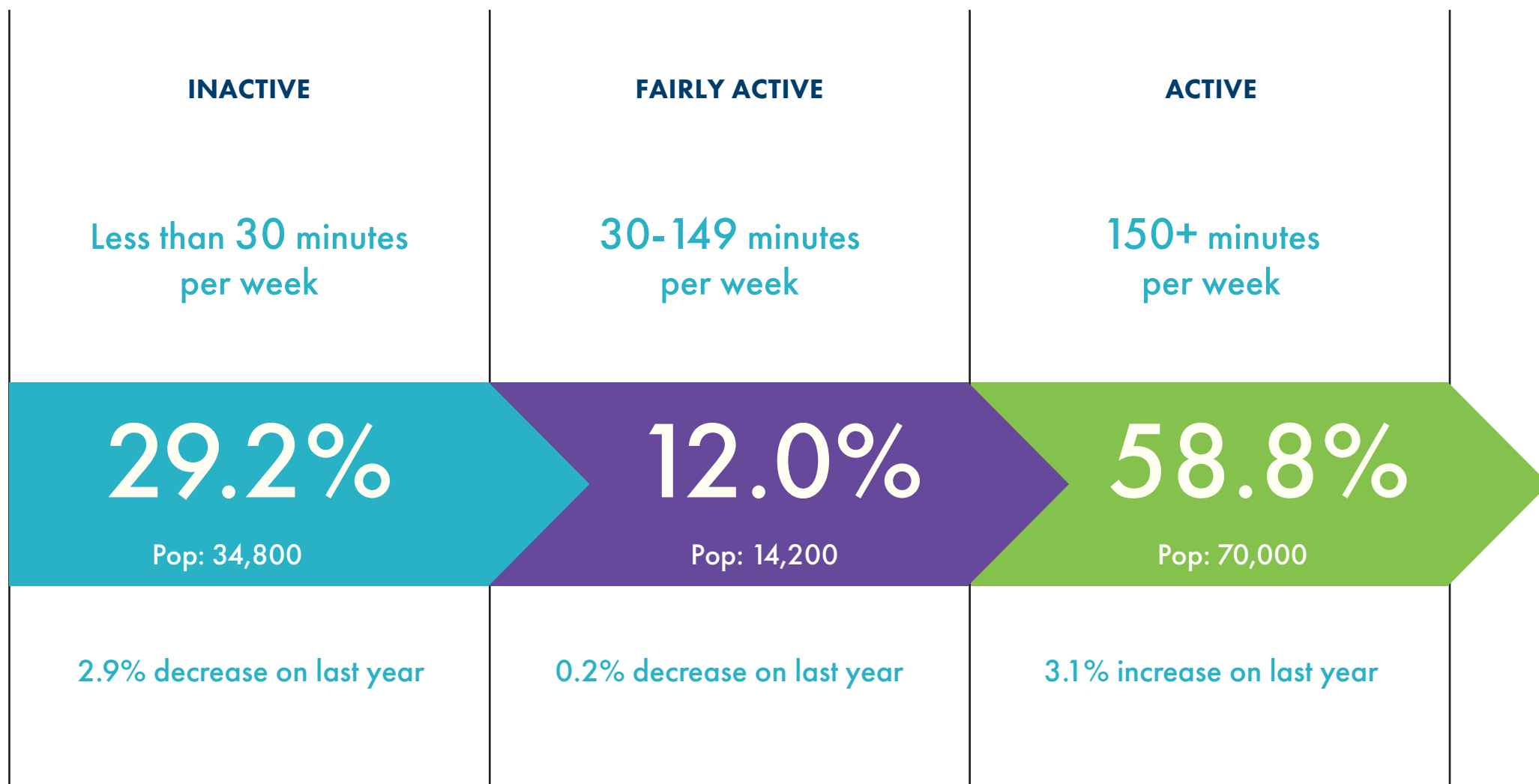


N.B: All data is from the Active Lives Report and data associated and linked within the report

KNOWSLEY

Survey Sample Size: 487

Active Lives Survey - May 17/18

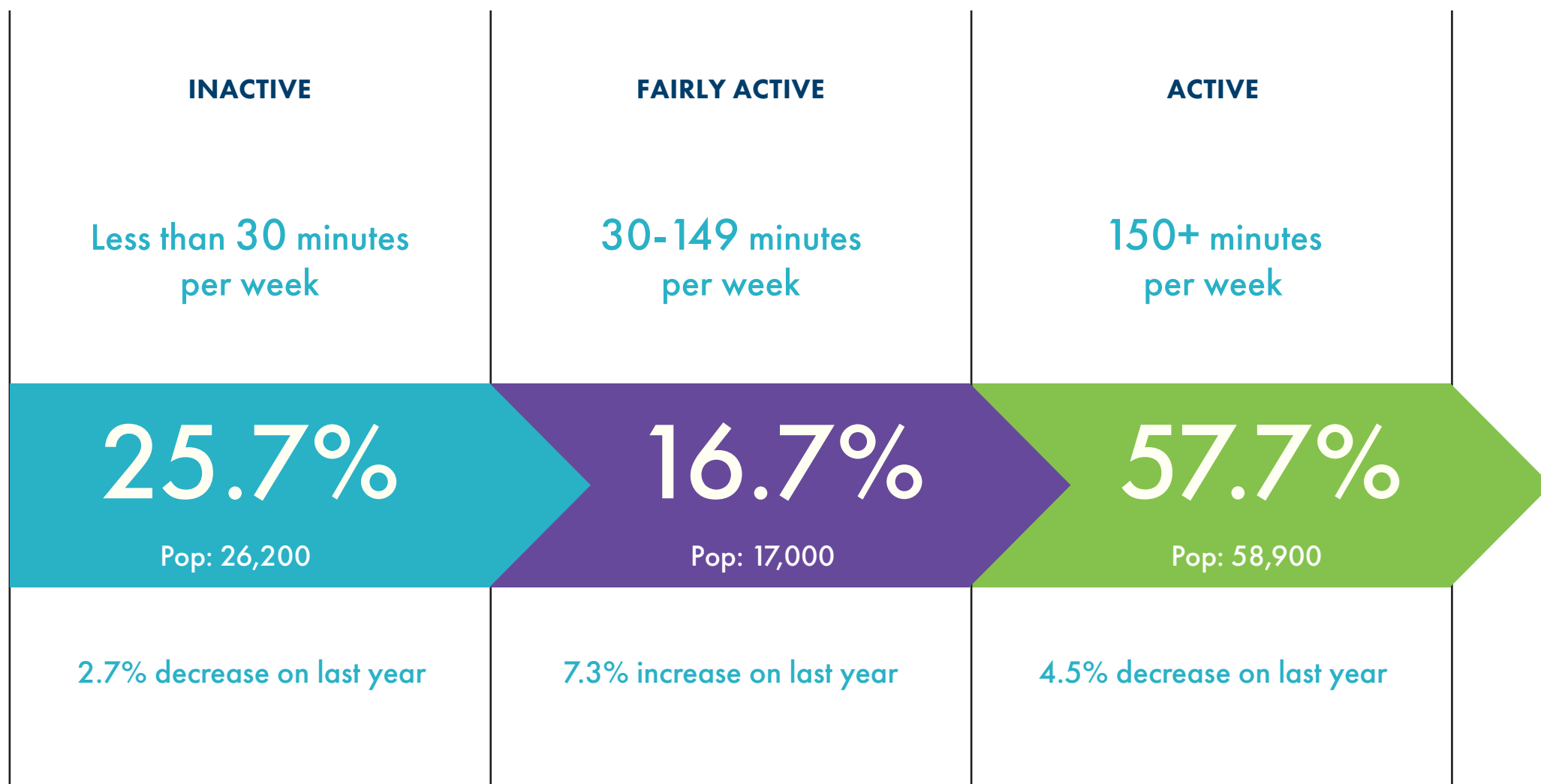


N.B: All data is from the Active Lives Report and data associated and linked within the report

HALTON

Survey Sample Size: 478

Active Lives Survey - May 17/18



N.B: All data is from the Active Lives Report and data associated and linked within the report

DOCUMENT SOURCES

[Active Lives Survey May 17/18 Report \(PDF\)](#)

[Data Tables \(Excel\)](#)

NOTES

Population totals are estimated values and have been calculated using ONS mid-2017 estimates. Confidence intervals also apply to these. More details can be found in the May 17/18 Technical notes.

Activity minutes per week are determined by Moderate Activity and Vigorous Activity.

Moderate Activity is defined as activity where you raise your heart rate and feel a little out of breath.

Vigorous Activity is defined as activity where you are breathing hard and fast and your heart rate has increased significantly.