



LIVERPOOL CITY REGION

OBESITY DATA 2018

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NATIONAL CHILD MEASUREMENT PROGRAMME - ENGLAND, 2016/17

PREVALENCE OF UNDERWEIGHT, HEALTHY WEIGHT, OVERWEIGHT AND OBESE CHILDREN, BY REGION AND LOCAL AUTHORITY (BASED ON THE POSTCODE OF THE CHILD)

| LA | Underweight | | Healthy weight | | Overweight | | Obese | | Severe Obesity* | | Overweight and Obese combined | |
|------------|-------------|--------|----------------|--------|------------|--------|-----------|--------|-----------------|--------|-------------------------------|--------|
| | Reception | Year 6 | Reception | Year 6 | Reception | Year 6 | Reception | Year 6 | Reception | Year 6 | Reception | Year 6 |
| Halton | 0.4% | 0.8% | 73.0% | 61.1% | 15.8% | 15.2% | 10.8% | 22.9% | 2.7% | 5.0% | 26.6% | 38.1% |
| Knowsley | 0.6% | 0.7% | 72.2% | 57.1% | 14.5% | 15.5% | 12.7% | 26.7% | 3.3% | 6.0% | 27.2% | 42.2% |
| Liverpool | 0.7% | 1.1% | 72.6% | 61.0% | 14.2% | 14.1% | 12.6% | 23.7% | 3.2% | 5.7% | 26.8% | 37.9% |
| Sefton | 0.6% | 0.8% | 74.5% | 65.3% | 14.6% | 13.2% | 10.4% | 20.7% | 2.7% | 4.0% | 24.9% | 33.9% |
| St. Helens | 0.5% | 0.5% | 72.7% | 61.0% | 15.4% | 14.1% | 11.4% | 24.4% | 2.3% | 6.1% | 26.9% | 38.4% |
| Wirral | 0.5% | 0.6% | 73.9% | 64.1% | 14.9% | 14.7% | 10.8% | 20.6% | 2.4% | 3.9% | 25.6% | 35.3% |

NHS Digital (2018) Lifestyle Statistics / Public Health England, Children, Young People and families NCMP Dataset, January 2018

| Ward Code | Ward Name | Percentage of Population | | | | Total of Population | | | |
|-----------|--------------------------|--------------------------|---------------|------------|-------|---------------------|---------------|------------|-------|
| | | Underweight | Normal Weight | Overweight | Obese | Underweight | Normal Weight | Overweight | Obese |
| Halton | | | | | | | | | |
| E05001577 | Appleton | 3.6% | 52.7% | 20.0% | 23.7% | 192 | 2,805 | 1,065 | 1,262 |
| E05001578 | Beechwood | 3.5% | 28.5% | 45.6% | 22.5% | 108 | 881 | 1,410 | 695 |
| E05001579 | Birchfield | 0.0% | 48.2% | 37.3% | 14.5% | 0 | 2,519 | 1,950 | 758 |
| E05001580 | Broadheath | 0.0% | 31.5% | 29.8% | 38.7% | 0 | 1,561 | 1,477 | 1,918 |
| E05001581 | Daresbury | 0.0% | 31.5% | 53.8% | 14.7% | 0 | 1,513 | 2,583 | 706 |
| E05001582 | Ditton | 1.1% | 34.0% | 28.3% | 36.6% | 38 | 1,188 | 989 | 1,279 |
| E05001583 | Farnworth | 1.4% | 45.9% | 40.9% | 11.8% | 81 | 2,668 | 2,377 | 686 |
| E05001584 | Grange | 0.0% | 37.4% | 28.9% | 33.7% | 0 | 2,223 | 1,718 | 2,003 |
| E05001585 | Halton Brook | 0.0% | 47.1% | 28.2% | 24.7% | 0 | 2,444 | 1,463 | 1,281 |
| E05001586 | Halton Castle | 1.3% | 45.0% | 35.2% | 18.5% | 20 | 695 | 543 | 286 |
| E05001587 | Halton Lea | 6.7% | 42.0% | 20.0% | 31.3% | 338 | 2,118 | 1,009 | 1,578 |
| E05001588 | Halton View | 5.0% | 35.5% | 34.8% | 24.7% | 248 | 1,759 | 1,724 | 1,224 |
| E05001589 | Heath | 0.0% | 40.8% | 42.3% | 16.9% | 0 | 2,219 | 2,301 | 919 |
| E05001590 | Hough Green | 0.0% | 31.4% | 49.1% | 19.5% | 0 | 1,483 | 2,319 | 921 |
| E05001591 | Kingsway | 2.0% | 25.5% | 46.3% | 26.1% | 108 | 1,381 | 2,507 | 1,413 |
| E05001592 | Mersey | 1.7% | 24.4% | 42.0% | 31.9% | 85 | 1,220 | 2,099 | 1,594 |
| E05001593 | Norton North | 0.0% | 43.1% | 22.5% | 34.4% | 0 | 2,519 | 1,315 | 2,011 |
| E05001594 | Norton South | 3.8% | 38.4% | 36.3% | 21.5% | 194 | 1,963 | 1,856 | 1,099 |
| E05001595 | Riverside | 2.0% | 41.6% | 31.2% | 25.2% | 97 | 2,025 | 1,519 | 1,226 |
| E05001596 | Windmill Hill | 3.1% | 34.5% | 37.3% | 25.1% | 129 | 1,431 | 1,548 | 1,041 |
| Knowsley | | | | | | | | | |
| E05000865 | Cherryfield | 3.5% | 37.0% | 38.4% | 21.1% | 200 | 2,119 | 2,199 | 1,208 |
| E05000866 | Halewood North | 1.3% | 38.3% | 47.8% | 12.6% | 65 | 1,923 | 2,400 | 633 |
| E05000867 | Halewood South | 0.8% | 37.2% | 44.5% | 17.5% | 44 | 2,029 | 2,427 | 954 |
| E05000868 | Halewood West | 1.4% | 45.4% | 34.4% | 18.8% | 74 | 2,405 | 1,822 | 996 |
| E05000869 | Kirkby Centre | 4.5% | 40.2% | 26.2% | 29.2% | 228 | 2,039 | 1,329 | 1,481 |
| E05000870 | Longview | 1.8% | 41.5% | 33.6% | 23.1% | 115 | 2,659 | 2,153 | 1,480 |
| E05000871 | Northwood | 3.8% | 39.3% | 31.9% | 25.0% | 200 | 2,073 | 1,683 | 1,319 |
| E05000872 | Page Moss | 8.3% | 37.5% | 39.1% | 15.1% | 444 | 2,006 | 2,091 | 808 |
| E05000873 | Park | 3.1% | 41.6% | 31.7% | 23.6% | 164 | 2,204 | 1,679 | 1,250 |
| E05000874 | Prescot East | 6.3% | 31.0% | 31.9% | 30.8% | 372 | 1,832 | 1,886 | 1,821 |
| E05000875 | Prescot West | 1.9% | 42.7% | 34.6% | 20.9% | 102 | 2,283 | 1,850 | 1,117 |
| E05000876 | Roby | 0.0% | 40.6% | 39.3% | 20.1% | 0 | 2,427 | 2,349 | 1,202 |
| E05000877 | Shevington | 0.0% | 44.7% | 33.0% | 22.3% | 0 | 2,489 | 1,837 | 1,242 |
| E05000878 | St Bartholom | 6.0% | 35.7% | 42.4% | 16.0% | 308 | 1,832 | 2,176 | 821 |
| E05000879 | St Gabriels | 1.5% | 42.4% | 29.7% | 26.5% | 83 | 2,360 | 1,653 | 1,475 |
| E05000880 | St Michaels | 1.0% | 43.4% | 31.5% | 24.0% | 52 | 2,259 | 1,640 | 1,249 |
| E05000881 | Stockbridge | 0.0% | 47.9% | 30.7% | 21.4% | 0 | 2,301 | 1,475 | 1,028 |
| E05000882 | Swanside | 2.3% | 39.9% | 41.5% | 16.3% | 119 | 2,071 | 2,154 | 846 |
| E05000883 | Whiston North | 1.2% | 27.1% | 40.1% | 31.6% | 65 | 1,479 | 2,188 | 1,724 |
| E05000884 | Whiston South | 5.3% | 36.9% | 39.7% | 18.1% | 300 | 2,091 | 2,250 | 1,026 |
| E05000885 | Whitefield | 4.1% | 36.2% | 40.1% | 19.5% | 195 | 1,719 | 1,904 | 926 |
| Liverpool | | | | | | | | | |
| E05000886 | Allerton and Hunts Cross | 0.0% | 50.8% | 37.1% | 12.0% | 0 | 6,153 | 4,494 | 1,453 |
| E05000887 | Anfield | 5.0% | 39.4% | 32.4% | 23.1% | 564 | 4,446 | 3,656 | 2,607 |
| E05000888 | Belle Vale | 3.1% | 39.6% | 36.5% | 20.7% | 370 | 4,721 | 4,351 | 2,468 |
| E05000889 | Central | 0.4% | 54.3% | 28.5% | 16.8% | 81 | 11,006 | 5,776 | 3,405 |
| E05000890 | Childwall | 1.3% | 42.7% | 39.1% | 16.9% | 145 | 4,748 | 4,348 | 1,879 |
| E05000891 | Church | 0.5% | 50.2% | 35.7% | 13.6% | 58 | 5,832 | 4,148 | 1,580 |
| E05000892 | Clubmoor | 2.6% | 41.3% | 33.9% | 22.1% | 310 | 4,928 | 4,045 | 2,637 |
| E05000893 | County | 2.0% | 51.8% | 27.9% | 18.4% | 222 | 5,738 | 3,090 | 2,038 |
| E05000894 | Cressington | 0.0% | 47.3% | 29.7% | 22.9% | 0 | 5,672 | 3,561 | 2,746 |
| E05000895 | Croxteth | 5.2% | 36.8% | 38.7% | 19.3% | 580 | 4,102 | 4,314 | 2,151 |
| E05000896 | Everton | 3.2% | 50.6% | 25.4% | 20.9% | 379 | 5,990 | 3,007 | 2,474 |
| E05000897 | Fazakerley | 2.0% | 45.4% | 36.3% | 16.3% | 262 | 5,955 | 4,761 | 2,138 |
| E05000898 | Greenbank | 1.4% | 64.2% | 23.5% | 10.9% | 205 | 9,416 | 3,447 | 1,599 |

| | | | | | | | | | |
|------------|----------------------------|------|-------|-------|-------|-----|-------|-------|-------|
| E05000899 | Kensington and Fairfield | 5.6% | 54.1% | 28.3% | 12.0% | 694 | 6,704 | 3,507 | 1,487 |
| E05000900 | Kirkdale | 5.8% | 34.8% | 35.7% | 23.7% | 774 | 4,644 | 4,765 | 3,163 |
| E05000901 | Knotty Ash | 1.8% | 38.3% | 38.8% | 21.0% | 189 | 4,020 | 4,073 | 2,204 |
| E05000902 | Mossley Hill | 1.1% | 55.5% | 32.8% | 10.6% | 126 | 6,348 | 3,752 | 1,212 |
| E05000903 | Norris Green | 1.9% | 37.5% | 26.8% | 33.9% | 219 | 4,320 | 3,088 | 3,906 |
| E05000904 | Old Swan | 2.0% | 40.5% | 30.7% | 26.8% | 256 | 5,193 | 3,937 | 3,437 |
| E05000905 | Picton | 1.5% | 56.3% | 27.8% | 14.4% | 208 | 7,800 | 3,851 | 1,995 |
| E05000906 | Princes Park | 3.0% | 42.3% | 32.0% | 22.6% | 422 | 5,957 | 4,506 | 3,183 |
| E05000907 | Riverside | 3.9% | 38.4% | 29.2% | 28.6% | 621 | 6,118 | 4,652 | 4,556 |
| E05000908 | Speke-Garston | 4.0% | 30.6% | 31.8% | 33.6% | 449 | 3,431 | 3,566 | 3,768 |
| E05000909 | St Michael's | 4.3% | 51.5% | 35.8% | 8.3% | 663 | 7,938 | 5,518 | 1,279 |
| E05000910 | Tuebrook and Stoneycroft | 4.0% | 42.6% | 34.0% | 19.4% | 526 | 5,607 | 4,475 | 2,553 |
| E05000911 | Warbreck | 0.5% | 33.8% | 41.3% | 24.4% | 65 | 4,422 | 5,404 | 3,192 |
| E05000912 | Wavertree | 1.7% | 35.3% | 41.1% | 21.9% | 206 | 4,285 | 4,989 | 2,658 |
| E05000913 | West Derby | 1.1% | 46.7% | 35.0% | 17.2% | 128 | 5,446 | 4,082 | 2,006 |
| E05000914 | Woolton | 1.2% | 40.6% | 40.0% | 18.2% | 132 | 4,451 | 4,385 | 1,995 |
| E05000915 | Yew Tree | 4.5% | 40.7% | 36.5% | 18.4% | 573 | 5,179 | 4,644 | 2,341 |
| | | | | | | | | | |
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| | | | | | | | | | |
| Sefton | | | | | | | | | |
| E05000932 | Ainsdale | 0.7% | 41.2% | 40.0% | 18.1% | 70 | 4,110 | 3,990 | 1,805 |
| E05000933 | Birkdale | 1.5% | 36.7% | 38.9% | 22.8% | 154 | 3,763 | 3,989 | 2,338 |
| E05000934 | Blundellsand | 2.8% | 52.9% | 33.5% | 10.8% | 258 | 4883 | 3,092 | 997 |
| E05000935 | Cambridge | 4.0% | 47.5% | 21.9% | 26.6% | 414 | 4,920 | 2,268 | 2,755 |
| E05000936 | Church | 2.2% | 45.8% | 33.1% | 18.9% | 215 | 4,569 | 3,230 | 1,844 |
| E05000937 | Derby | 3.2% | 43.5% | 32.5% | 20.8% | 304 | 4,133 | 3,088 | 1,976 |
| E05000938 | Duke's | 1.8% | 42.7% | 39.7% | 15.9% | 206 | 4,887 | 4,544 | 1,820 |
| E05000939 | Ford | 3.1% | 34.7% | 33.5% | 28.8% | 303 | 3,391 | 3,274 | 2,814 |
| E05000940 | Harington | 1.2% | 38.7% | 45.3% | 14.7% | 116 | 3,734 | 4,371 | 1,418 |
| E05000941 | Kew | 1.5% | 37.9% | 37.7% | 22.8% | 148 | 3,729 | 3,709 | 2,243 |
| E05000942 | Linacre | 4.0% | 36.5% | 32.2% | 27.3% | 383 | 3,492 | 3,081 | 2,612 |
| E05000943 | Litherland | 0.0% | 43.0% | 37.9% | 19.1% | 0 | 3,756 | 3,311 | 1,669 |
| E05000944 | Manor | 3.2% | 39.4% | 46.2% | 11.3% | 329 | 4,052 | 4,752 | 1,162 |
| E05000945 | Meols | 0.0% | 37.7% | 45.7% | 16.6% | 0 | 3,766 | 4,565 | 1,658 |
| E05000946 | Molyneux | 0.8% | 45.6% | 34.6% | 19.1% | 84 | 4,769 | 3,618 | 1,997 |
| E05000947 | Netherton and Orell | 3.2% | 37.8% | 38.9% | 20.1% | 312 | 3,682 | 3,790 | 1,958 |
| E05000948 | Norwood | 1.3% | 46.6% | 36.7% | 15.4% | 148 | 5,317 | 4,187 | 1,757 |
| E05000949 | Park | 2.7% | 44.3% | 41.4% | 11.6% | 265 | 4,355 | 4,070 | 1,140 |
| E05000950 | Ravenmeols | 0.9% | 53.4% | 28.7% | 17.0% | 88 | 5,193 | 2,791 | 1,653 |
| E05000951 | St Oswald | 2.7% | 43.1% | 31.9% | 22.3% | 250 | 3,989 | 2,953 | 2,064 |
| E05000952 | Sudell | 0.8% | 38.2% | 46.8% | 14.3% | 84 | 4,016 | 4,920 | 1,503 |
| E05000953 | Victoria | 0.0% | 51.0% | 31.8% | 17.2% | 0 | 5,391 | 3,362 | 1,818 |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| St. Helens | | | | | | | | | |
| E05000916 | Billinge and Seneley Green | 3.1% | 31.0% | 43.6% | 22.3% | 281 | 2,806 | 3,947 | 2,019 |
| E05000917 | Blackbrook | 4.0% | 27.3% | 40.4% | 28.3% | 339 | 2,316 | 3,427 | 2,400 |
| E05000918 | Bold | 0.0% | 34.1% | 31.7% | 34.3% | 0 | 2,532 | 2,353 | 2,546 |
| E05000919 | Earlestown | 1.4% | 34.4% | 45.7% | 18.5% | 118 | 2,901 | 3,854 | 1,560 |
| E05000920 | Eccleston | 0.8% | 47.6% | 34.9% | 16.6% | 76 | 4,497 | 3,297 | 1,568 |
| E05000921 | Haydock | 2.2% | 37.3% | 37.0% | 23.4% | 200 | 3,399 | 3,372 | 2,132 |
| E05000922 | Moss Bank | 4.9% | 32.2% | 35.1% | 27.9% | 426 | 2,800 | 3,052 | 2,426 |
| E05000923 | Newton | 1.9% | 43.0% | 35.1% | 20.0% | 168 | 3,803 | 3,104 | 1,769 |
| E05000924 | Parr | 4.3% | 47.9% | 26.8% | 21.0% | 400 | 4,453 | 2,492 | 1,952 |
| E05000925 | Rainford | 0.0% | 36.9% | 43.8% | 19.3% | 0 | 2,393 | 2,840 | 1,251 |
| E05000926 | Rainhill | 2.1% | 47.0% | 37.5% | 13.4% | 190 | 4,245 | 3,387 | 1,210 |
| E05000927 | Sutton | 0.0% | 39.4% | 37.7% | 22.9% | 0 | 3,789 | 3,625 | 2,202 |
| E05000928 | Thatto Heath | 2.5% | 34.3% | 40.8% | 22.5% | 236 | 3,242 | 3,857 | 2,127 |
| E05000929 | Town Centre | 3.1% | 40.5% | 29.2% | 27.2% | 273 | 3,568 | 2,573 | 2,397 |
| E05000930 | West Park | 2.9% | 43.0% | 30.8% | 23.2% | 261 | 3,877 | 2,777 | 2,092 |
| E05000931 | Windle | 2.2% | 32.7% | 44.3% | 20.8% | 187 | 2,781 | 3,768 | 1,769 |

Data based on the NHS Merseyside Lifestyles Survey 2012/13. This was a one off survey commissioned by the Primary Care Trusts in the then NHS Merseyside.

Wirral was not included as it chose not to be part of NHS Merseyside. It was a survey of adults aged 18+ years.

The sample sizes were as follows:

Knowsley = 1,613

Liverpool = 5,140

St Helens = 1,942

Sefton = 3,031

Halton = 1,389

Data used to calculate approximate population figures for each category in each ward was drawn down from ONS Mid-year population estimates from 2012.

This is available at: <http://www.ons.gov.uk/ons/rel/sape/ward-mid-year-pop-est-eng-wales-exp/index.html>

