

SCHOOL GAMES



L3 School Games in the
Liverpool City Region (LCR)

YEARS 3-6 MIXED SWIMMING INFORMATION PACK



COMPETITION INFORMATION

EVENT DATE	4th July 2019
EVENT TIMES	Arrival: 9.30 Warm up: 9.45 Competition: 10-12.30
EVENT VENUE	Wavertree Sports Park
YEAR GROUP(S)	Years 3-6
GENDER	Mixed
SQUAD/TEAM SIZE	Squad size: Minimum 4 girls and 4 boys Maximum 22 girls and 22 boys
EVENT ORGANISER DETAILS	Please contact MSP for any queries via a.fisher@merseysidesport.com or 0151 728 1809



IMPORTANT POINTS

- **A Team Manager's Declaration Form must be completed online in advance of the event.** Details of the web address where you can access the form and deadlines will be provided to you by your local School Games Organiser. No declarations forms will be available on the day of the event and teams who have not been registered by the deadline will not be able to compete.
- Players should bring a packed lunch and plenty of water to keep them hydrated throughout the day. There are no on-site facilities for purchasing food or drinks throughout the day.
- Each team must provide a minimum of 2 staff members 1 male and 1 female to work poolside.
- Team - Individual Event - Each team may enter 2 competitors in all of the individual events.
- Relay Events - Each team may enter 1 relay team in each of the relay events.
- Maximum swims - A swimmer may compete in a total of 2 individual events and 3 relay events (not including the 50-metre freestyle non-scoring race)



COMPETITION RULES

INDIVIDUAL RACES

- Boys & Girls 25m Butterfly
- Boys & Girls 25m Backstroke
- Boys & Girls 25m Breaststroke
- Boys & Girls 25m Freestyle
- Boys & Girls 50m Freestyle non-scoring race (*demonstration event)

RELAY RACES

- Boys 4 x 25m Medley relay team race
- Girls 4 x 25m Medley relay team race
- Boys 4 x 25m Freestyle relay team race
- Girls 4 x 25m Freestyle relay team race
- Mixed (2 boys & 2 girls) 4 x 25m Medley relay team race
- Mixed (2 boys & 2 girls) 4 x 25m Freestyle relay team race

MIXED RELAY TEAM

- The boys and girls can swim in any order. The same children CANNOT swim in both mixed events, you must use two different sets of 4 children.

A MEDLEY RELAY TEAM

- Is made up from 25m backstroke, 25m breaststroke, 25m freestyle, 25m freestyle.

GALA POINTS WILL BE AWARDED FOR EVERY RACE INCLUDING RELAY RACES TO EACH TEAM



Borough -			School -		
Event	Gender	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4
25m Backstroke	Boys			x	x
25m Backstroke	Girls			x	x
4x25m Medley Team	Mixed				
25m Breaststroke	Boys			x	x
25m Breaststroke	Girls			x	x
4x25m Medley Relay Team	Boys				
4x25m Medley Relay Team	Girls				
25m Butterfly	Boys			x	x
25m Butterfly	Girls			x	x
4x25m Freestyle Relay Team	Mixed				
25m Freestyle	Boys			x	x
25m Freestyle	Girls			x	x
4x25m Freestyle Relay Team	Boys				
4x25m Freestyle Relay Team	Girls				
50m Freestyle (individual non scoring event)	Boys			x	x
50m Freestyle (individual non scoring event)	Girls			x	x