

ACTIVE LIVES SURVEY

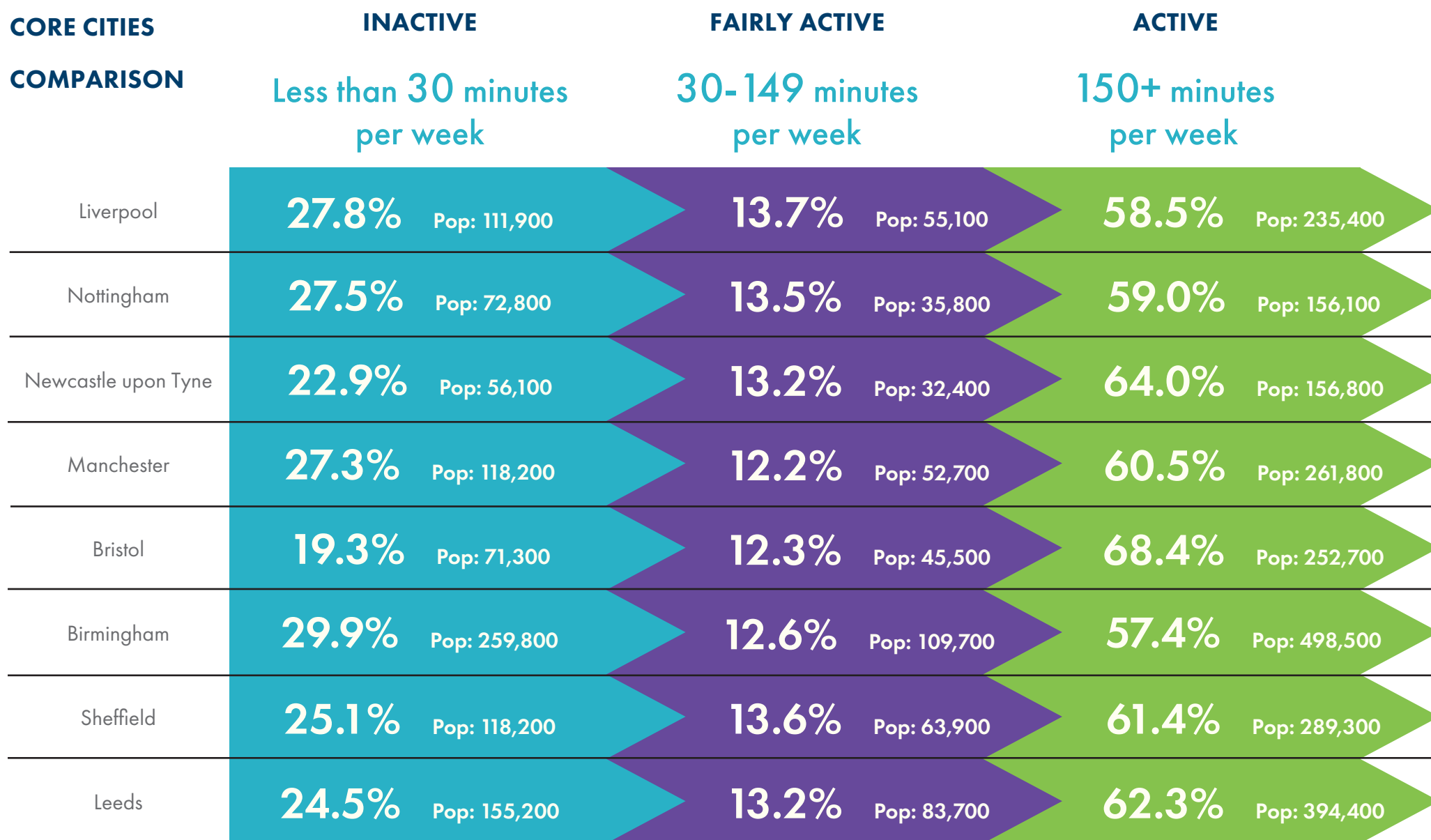
MAY 16/17 REPORT

OCTOBER 2017 DATA RELEASE

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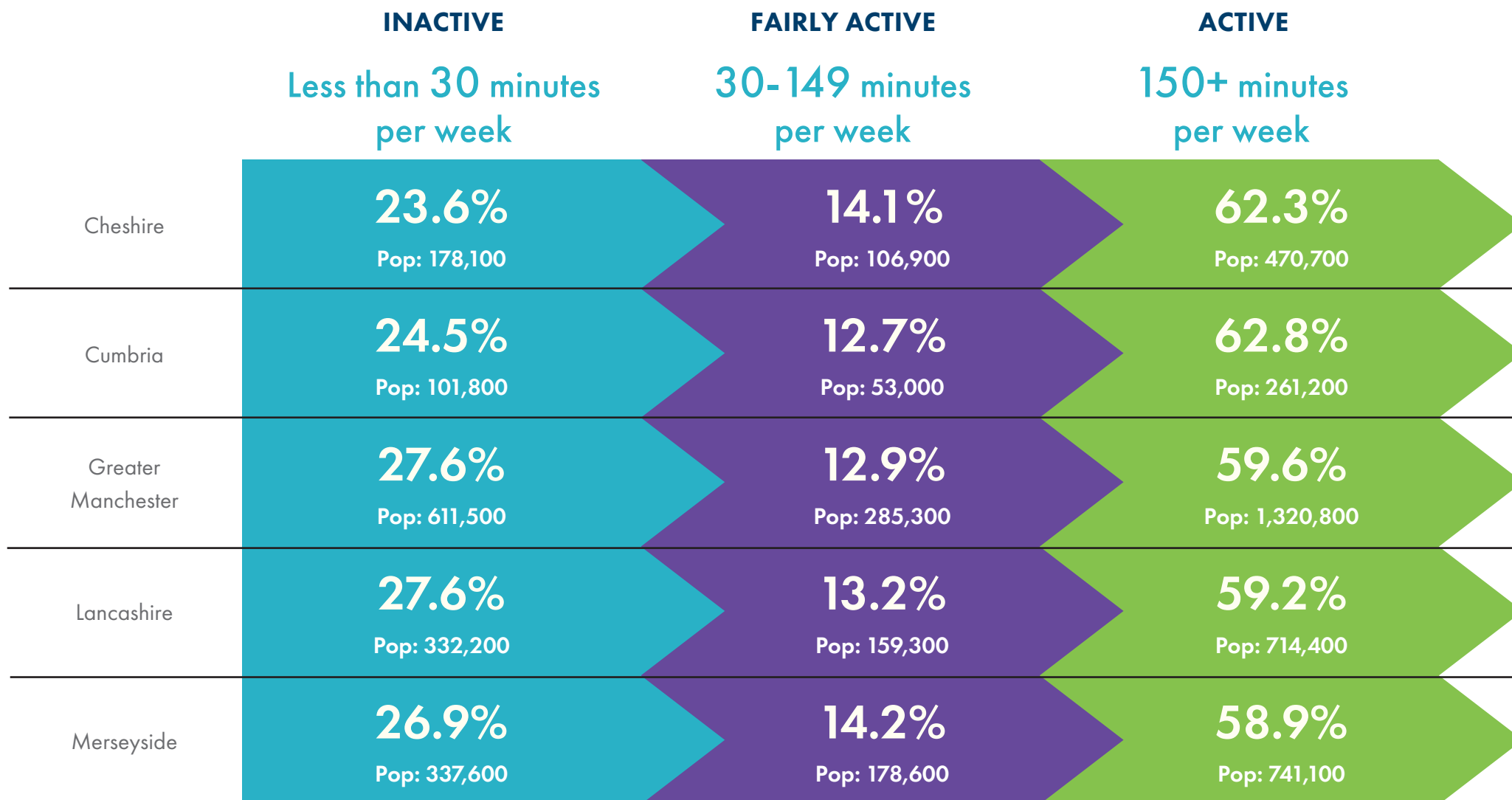
ACTIVE LIVES SURVEY - YEAR 1



N.B: All data is from the Active Lives Report and data associated and linked within the report

Active Lives Survey - Year 1

MERSEYSIDE AND NEAREST CSP'S

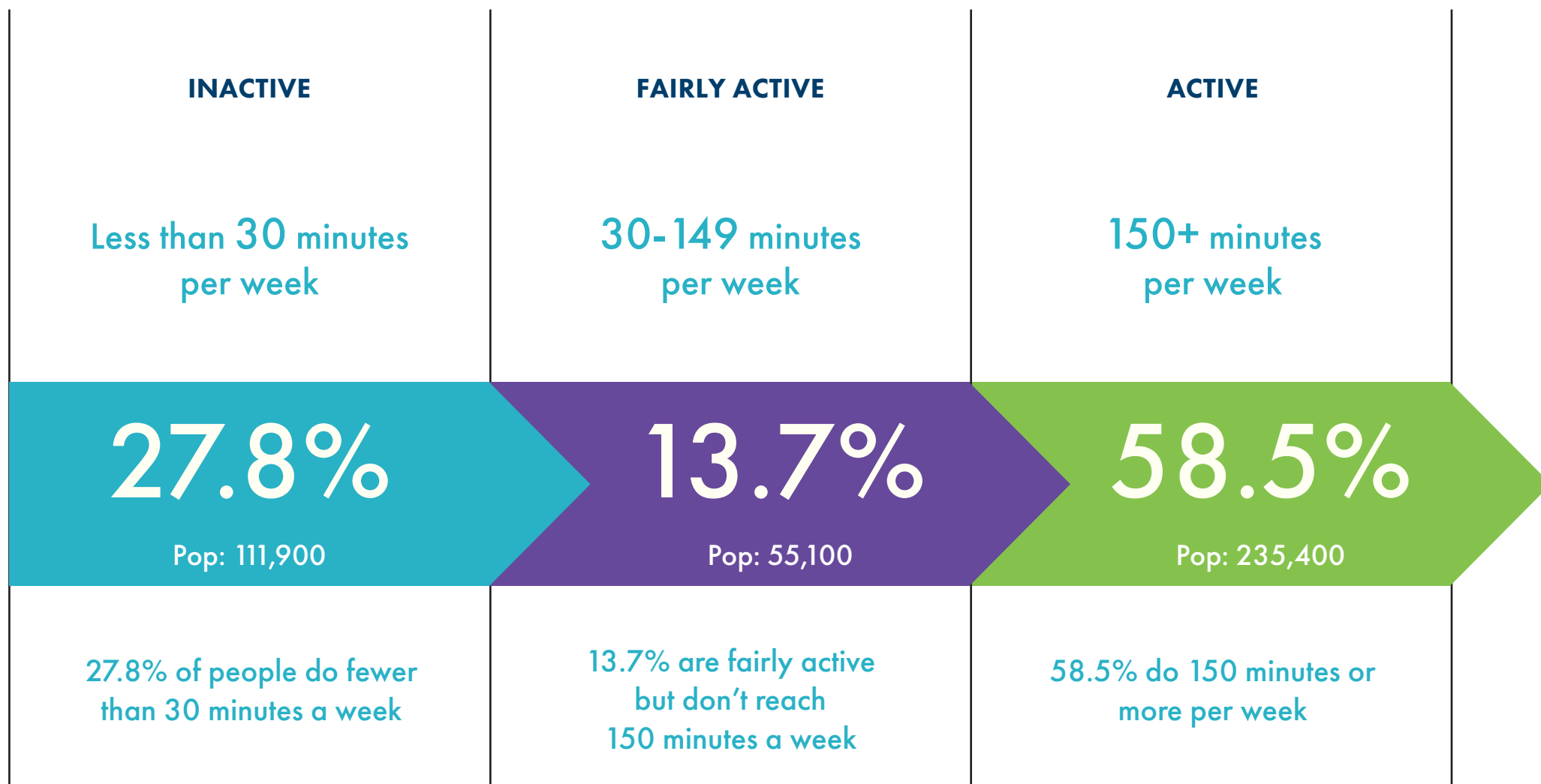


N.B: All data is from the Active Lives Report and data associated and linked within the report

LIVERPOOL

Survey Sample Size: 2,160

Active Lives Survey - May 16/17

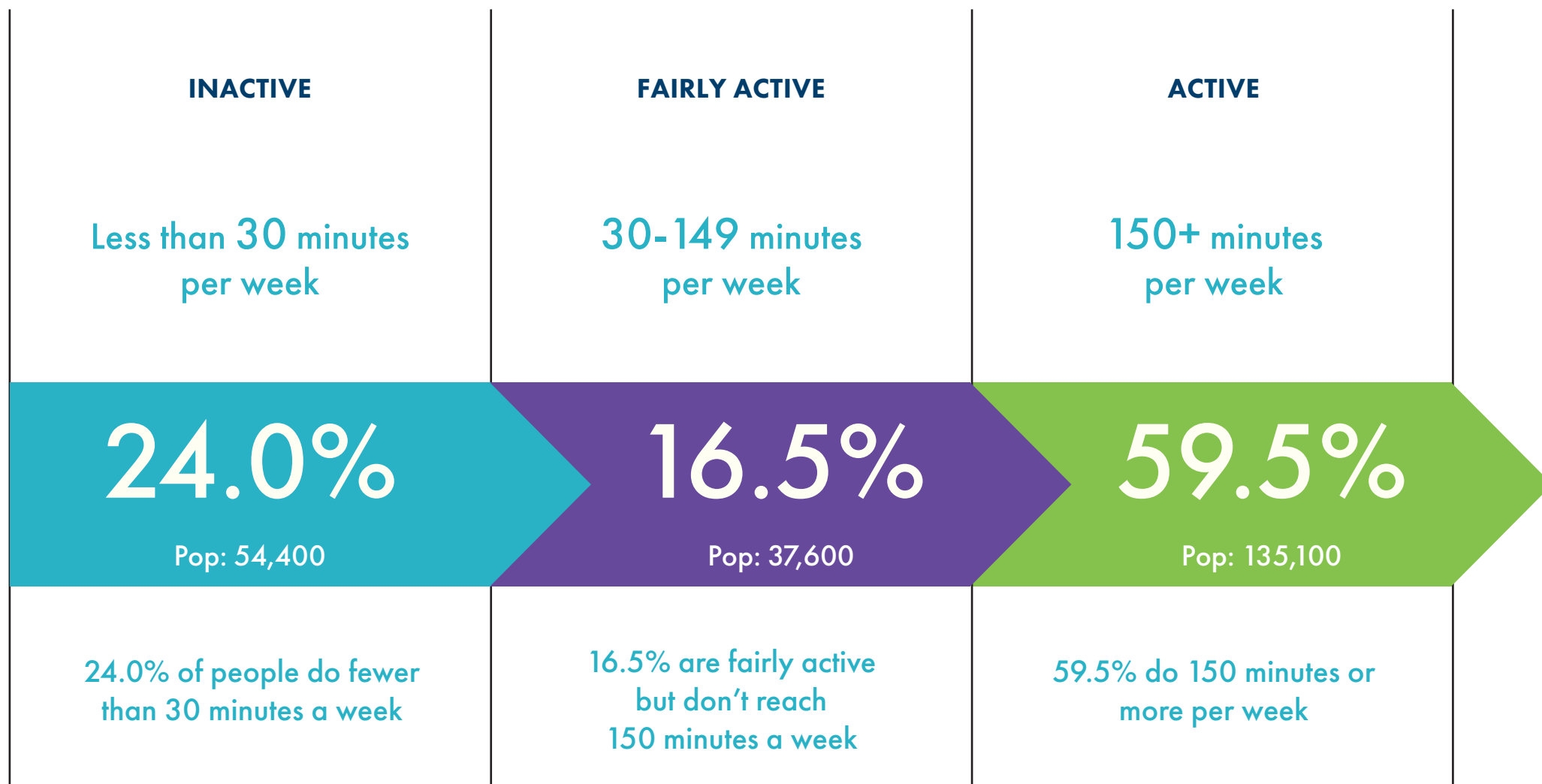


N.B: All data is from the Active Lives Report and data associated and linked within the report

SEFTON

Survey Sample Size: 587

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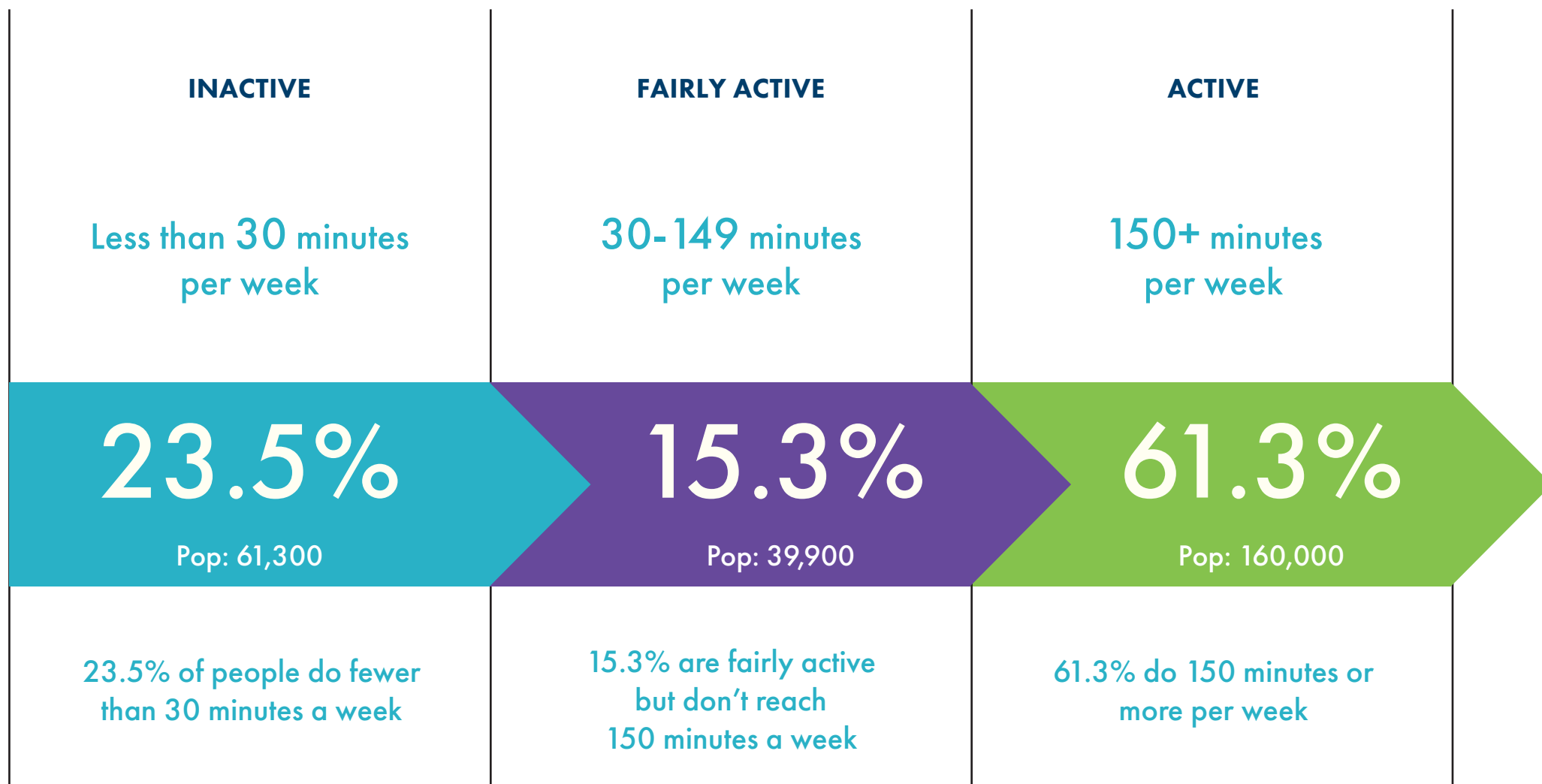


N.B: All data is from the Active Lives Report and data associated and linked within the report

WIRRAL

Survey Sample Size: 573

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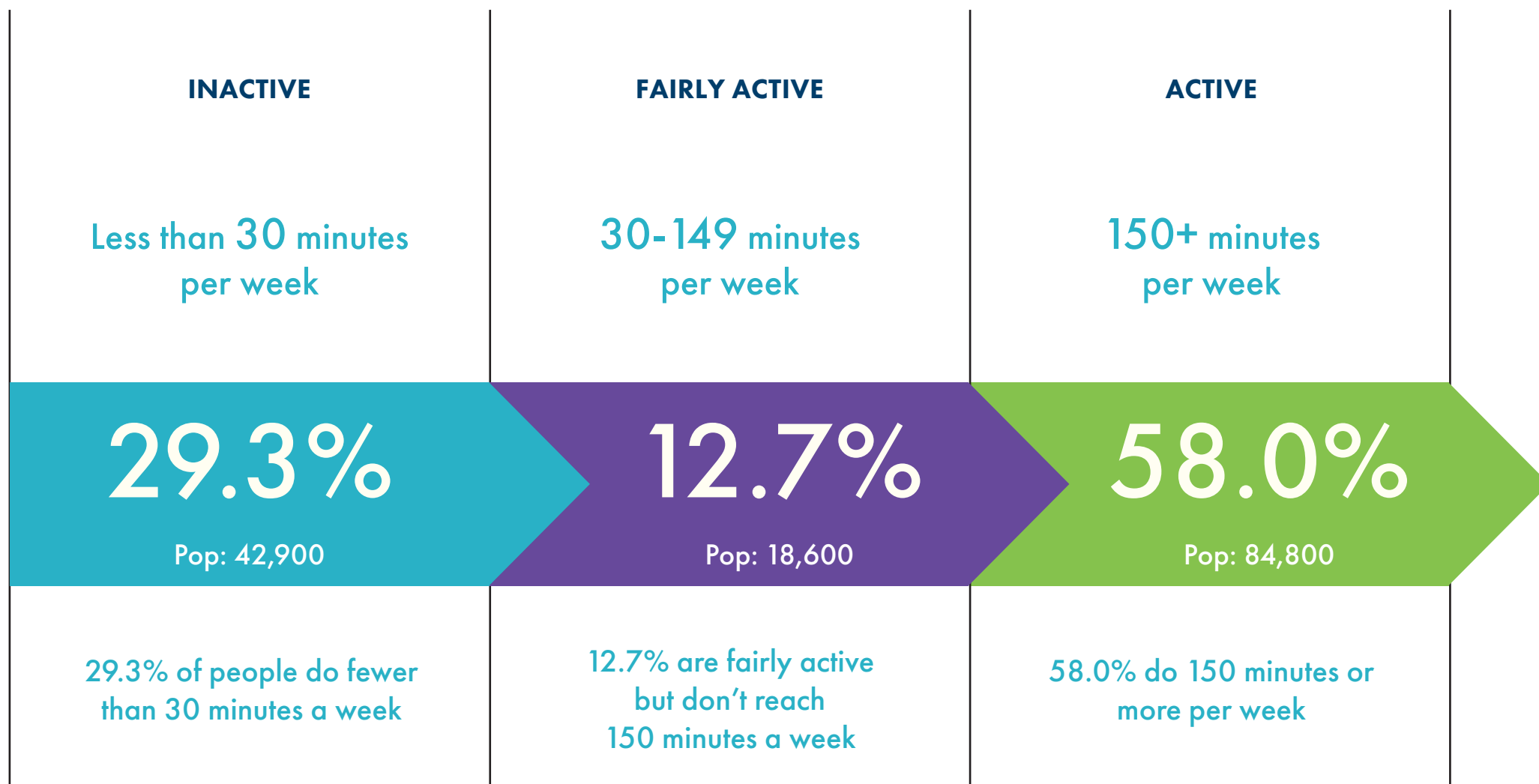


N.B: All data is from the Active Lives Report and data associated and linked within the report

ST. HELENS

Survey Sample Size: 588

Active Lives Survey - May 16/17

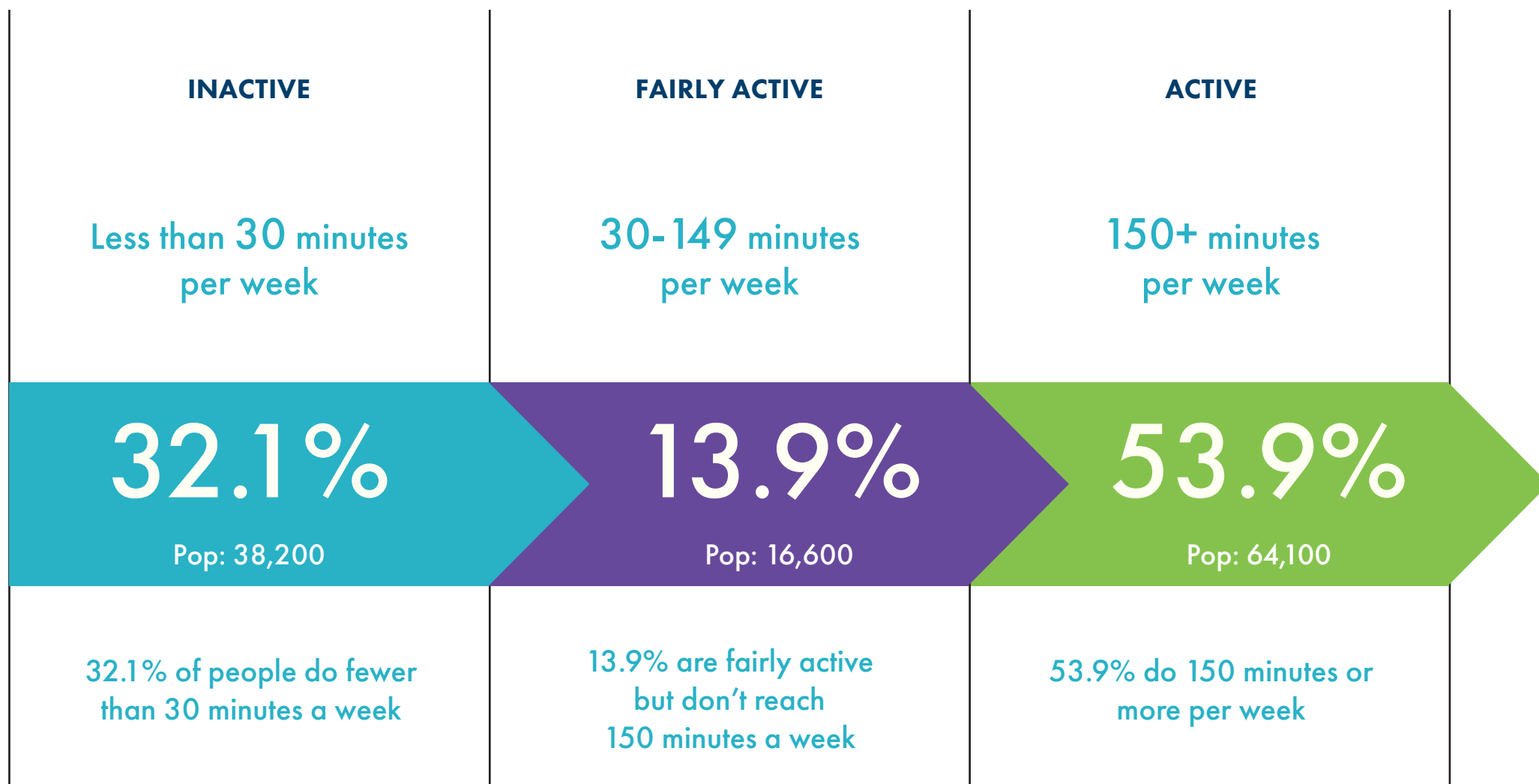


N.B: All data is from the Active Lives Report and data associated and linked within the report

KNOWSLEY

Survey Sample Size: 561

Active Lives Survey - May 16/17

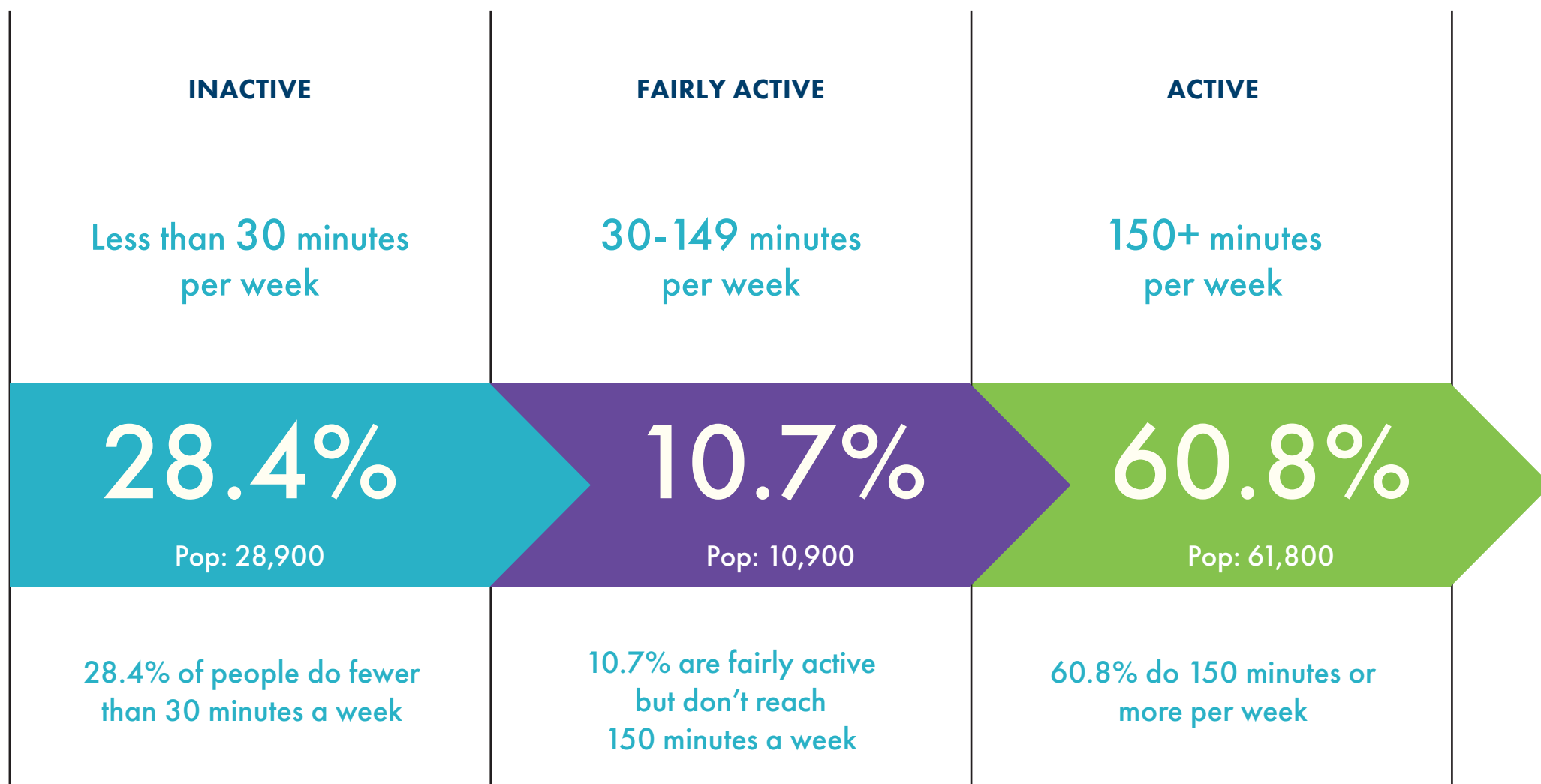


N.B: All data is from the Active Lives Report and data associated and linked within the report

HALTON

Survey Sample Size: 536

Active Lives Survey - May 16/17



N.B: All data is from the Active Lives Report and data associated and linked within the report

DOCUMENT SOURCES

[Active Lives Survey May 16/17 Report \(PDF\)](#)

[Data Tables 1 - 4 \(Excel\)](#)

[Data Tables 5 - 9 \(Excel\)](#)

[Active Lives Survey May 16/17 Technical notes](#)

NOTES

Population totals are estimated values and have been calculated using ONS mid-2016 estimates. Confidence intervals also apply to these. More details can be found in the May 16/17 Technical notes.

Activity minutes per week are determined by Moderate Activity and Vigorous Activity.

Moderate Activity is defined as activity where you raise your heart rate and feel a little out of breath.

Vigorous Activity is defined as activity where you are breathing hard and fast and your heart rate has increased significantly.