

## Health, Wellbeing and Physical Activity (CYP) Board Meeting Action Notes

Date	15 <sup>th</sup> May 2018
Venue	MSP
	Unit 1 Dakota Business Park
	Skyhawk Avenue
	Garston L19 2QR
Attendees	Calum Donnelly, Alan Brierley, Louise Williams, John Bell, Gabby Crolla, Laura Houghton Guest: Brendan McCrudden

	Headlines from Discussion	Outcome / Actions	Who	Deadline
1.	Welcome, apologies and introductions	Apologies from Liam Cocoran, Sheryl Wrigley	CD	N/A
		Agenda Items		
2.	Actions from previous meeting	The group agreed and approved of all actions from previous meeting.  GC asked the group about changing the name of the group and it was agreed the new group name will be: Health and Wellbeing Physical Activity Board (CYP) known as the group.  Action: CD to change new group name on all		
		documents.	CD	23 Jul
3.	Unincorporated organisation establishment	CD recapped the discussion from the previous meeting about the pros and cons on becoming an unincorporated organisation.  The ability to apply for small grants was considered the main benefit of becoming an unincorporated organisation, which couldn't do as MSP. CD explained that the group need to take into consideration about the inherent legal liability members would undertake when becoming an unincorporated organisation.  Points raised by other group members;  • Everyone should be equally involved with shared responsibilities if the group decides to become an unincorporated organisation. Including signatory on accounts.  • Group members should check that there isn't a conflict of interest with associations of other groups.  • Group members to check their employer's codes of conduct and check whether employment allows their involvement in unincorporated organisation.		
		Action: Everyone to read constitution, consult with employers and feedback at the next meeting. Decision for moving forward with group will rely on 100% approval from group.	All	23 Jul



CD explained to the group about the research he has done with investigating potential products the group could endorse. CD highlighted particular products of note: LSSP - Operational in its delivery and is a localised product. Volair - Transactional delivery, i.e. schools buy service as an ends in itself. Localised product. Skip2bfit – Good product but may lack longevity Box2bfit - Very similar to skip to be fit and may lack longevity Maths of the Day – Incorporates math and physical activity and fits in the PE Sports Premium/ Very popular. Good opportunity to empower teachers and change culture of maths. Having conversation with Halton. Free offer product and service. Real PE – delivering more physical activity programs. Jean has developed relationship with Create Development. Meets need of curriculum of PE. GULP - fills a gap and scalable. Empowers young people to swap pop for water. Butterfly – paid by school, sold by swim providers. A cloud based system holding data. Gives easy user friendly access. Trialled in St Helens. **Product Mapping** iMoves - online toolkit, lesson plans, videos, guides etc. Trialled at Knowsley. Cost involved. Sets a daily challenge by helping schools set physical activity milestones in a day Garmin Pilot – small pilot in Liverpool. Tracks the physical activity of kids. Its partnered with leisure trusts and uses incentives like film tickets to maintain the motivation for kids to use the trackers. MiSP - Training to teachers at primary schools about mindfulness. Role of the governor – a unique product, empowers governors to make the most of their role. MSP can help raise the standard of governors in Merseyside. The standout products to consider are: Butterfly Garmin Pilot GULP Role of governor Action: LW to circulate Garmin presentation to LW 23 Jul group Action: CD to find information about which schools CD 23 Jul are using GULP. Action: CD to invite Brent to present Garmin pilot CD 23 Jul to the group Action: LW to send group feedback from LW 23 Jul participating schools under the Garmin pilot.



		Sport England Update		
		All Children and Young People programs extended until 2021.		
		Active Lives will continue. 40 schools are live and 8 schools have said yes. 0 have completed the survey - but this is to be expected at present. The deadline is 27 <sup>th</sup> July. Other CSPs are more successful but the difference is other CSPs have larger and more connected networks, including employed LEAs consultants.		
		Our next tactic is to host coffee evenings with school leads. CD will use this opportunity to build a relationship with the school.		
		PE Premium – Department for Education are sending a taskforce to review the effectiveness at selected schools. Concern that the funding is not being spent effectively thus why the taskforce will investigate how it's being spent.		
4.	MSP CYP	School Games extended until 2021. The operational group was disbanded as it wasn't fit for purpose. It will return in September with an open invite to all partners.		
7.		Sport England have a new initiative, training for teachers to engage children who aren't enthused about PE. Pilots start in September 2018. A national rollout will be anticipated by 2019. Our role is to support and advocate the benefits of physical activity. It is offered to schools but isn't mandatory.		
		<b>Action:</b> Group to discuss procedure and implementation of PE premium.	AII	23 Jul
		Active Primaries Survey		
		MSP have produced thorough research and insight data and produces headline data (snapshot of physical activity and healthy wellbeing) as well as reports, videos and more. The surveys focus specifically on KS2 students. The surveys provide a good insight where the school is doing well and not so well. There is a larger report that sits behind the Active Primaries offer which is offered, if it benefits the primary school.		
		The Active Primaries Survey stands out from the Active Lives survey as it captures data on physical activity in greater detail.		
		Another pilot will be undertaken and will target 4 schools in Halton and will use this pilot to influence and scale up every school in Halton.		
	Horizon Scanning	AB – The playmaker award is a primary leadership award which costs £49 and could be a valuable service for the group and add value to primary schools.		
		JB – Has been selected as chair of Martial Arts Safeguarding Board. There are opportunities and challenges with the obesity problem. Programmes like GULP could be a valuable programme for the		



		group to endorse.		
		<b>LH</b> – Had a conversation with CD about university research looking at the connection with life skills and engagement of PE in sport. The research looks into the transition from primary school PE sport engagement to secondary school PE engagement. LH identified there is an opportunity for 2 <sup>nd</sup> year university students that could run an event, where they could assist MSP.		
		<b>LW</b> – Need to keep aware of the childhood obesity problem at the forefront of our agenda. Staying linked in with the public health teams and keeping note of what's happening across the county.		
		<b>GC</b> – Connecting mental health and obesity agendas with teachers and governors.		
		Action: LW to give public health teams contact details to GC.  JN updated the group about the 2018 School		
		Games. The winter school games events have run and were very successful. The sports were; badminton, sports hall athletics, gymnastics, football, basketball and netball.		
	Merseyside School Games Position	The summer School Games will happen over two days. The first event will be on 4 <sup>th</sup> July and will be an event that focuses on sports for kids with additional needs. The second event will be primary focused sports event with a few developmental sports. The aim of including developmental sports is to give the opportunity to schools who regularly miss out qualifying in the level 3 school games. Also it provides greater participation for kids and the event.		
		SGOs had a meeting last Wednesday about which pathway sports will be included in the 2019 school games.		
		The operational group has been disbanded with the view to allow a more diverse and representational group. The new group will be formed by September. There will be 2 SGOs and mixture of other group members.		
		JN had a conversation with a Sport England representative and was told about other CSPs establishing a young person local organising committee. JN is going to look to adopt this model for Merseyside.		
		Action: The group will promote the new operational group amongst its contacts.	All	23 Jul
		<b>Action:</b> GC will provide governors contact information to JN.	GC	23 Jul
6.		AOBs		
	No any other business			