



MSP

UNLOCKING THE POWER
OF SPORT & PHYSICAL ACTIVITY

REPORT BY
MSP ADVISORY BOARD (MSPAB)
&
MSP UNAUDITED FINANCIAL STATEMENTS FOR
THE YEAR ENDED 31 MARCH 2022

LIVERPOOL CITY COUNCIL HOST AUTHORITY

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**REPORT BY MSP ADVISORY BOARD (MSPAB) AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR MSP**

Ip's Associates Limited
Oscar Ip & Co. Chartered Accountant
23 Argyle Street
Liverpool
L1 5BL

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FOR THE YEAR ENDED 31 MARCH 2022**

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FOREWORD MSP ADVISORY BOARD

CHAIR, CAMERON JONES

2021-22 continued as 2020-21 left off - with a very unsettled and uncertain world. COVID has still been with us as we have begun to learn to live with the physical and mental health challenges it has brought. Climate change is becoming more and more urgent. The cost of living crisis has crept up and is now well upon us. There has been a continued increase in the inequality that exists in our society between communities and a real recognition of the need to level up. Our children and young people have never needed more help to have the best start in life. Movement, physical activity and sport (MPAS) have been increasingly seen as a solution to these challenges and at MSP, we have been really privileged to be able to work with so many partners across the year to build stronger relationships and connect like-minded agendas.

Our team, has been able to support our region like never before across a wide-ranging set of challenges and this impact report will show some of the great work that has gone on. Together with Sport England, we have also been able to invest £340,832 into our local communities through the Tackling Inequality Fund. This has really highlighted the reach we can have and the role we can play in supporting those that need it the most. While there have been challenges, we have learned along the way (and applied these learnings) thus, I believe, we are making very good progress.

As part of our work for this year we have been looking at how we set ourselves up for the future to really help our region come together and recognise the important role movement, physical activity and sport can play in tackling the inequality that exists. To that end, we have launched our new culture, embraced a new hybrid working approach, spent much time consulting and developing our new strategy, LCR Moving Together and began the journey to understand how we can measure, evaluate and learn when our impact is more than just numbers. Our ambition is to have a system wide approach to movement, physical activity and sport by 2025, supporting the aims and ambitions of Sport England's strategy, Uniting the Movement.

I'd like to place on record my eternal thanks to my team, our board, our main investors Sport England, our many local partners and all those we have worked with in the past year for the impact we have been able to achieve together across the Liverpool City Region and beyond.

Best Wishes



Cameron Jones
Chair, MSP Advisory Board

Highlighted Successes:

Thanks to the flexibility of Sport England's investment, we have been able to go beyond the realms of our previous project delivery / management and focus our efforts on collaborating and supporting where needed the most, in particular in how we have helped our region to navigate through the COVID pandemic. The breadth of impact we have had has grown and we know we are still only scratching the surface. Movement, physical activity and sport can be a solution to most of society's challenges and we are on that journey now to show how. Our 2017-22 strategy set out 5 strategic outcomes - enriching lives, improving well-being, developing skills for lives, strengthening communities and networks and enhancing the economy. Our key successes connected to these include:

Enriching people's lives covers many aspects of what we do, but we have picked out a few that really resonate.

School Games are traditionally for competitive children and have events held in person. We have been on a journey to re-frame them and make them more inclusive, whilst exploring different ways of taking part given COVID restrictions.

We have worked with the County Football Association, 5 of our local authorities and our football partners, such as Everton in the Community and Liverpool Football Club Foundation to bring together a country first approach to improving opportunities for people to get involved in football that mightn't normally.

This Girl Can and Parkrun teamed up with us on International Women's Day to encourage women to take part in our local Park Run in Croxteth. Through Sport England's Tackling Inequality Fund we were able to provide funding to support women from diverse backgrounds to take part in physical activity through the pandemic.

There has never been a more important time to focus on improving well-being and we have helped people of all ages to do just that

For children and young people, we began the journey of transitioning from trying to get schools to adopt The Daily Mile, to broadening the scope of how to help and influence schools, and ultimately the children and their families to be more active.

For our older adults we continued working with clubs to encourage people to take part in our Bowl for Health and Boccia for Health programmes, with 54% of participants sharing that their mental well being was improved as a result of attending.

Movement, physical activity and sport have also played a huge part in developing peoples' skills and Workforce has always and will continue to be a key aspect of our work

With only 30% of pre-pandemic coaching workforce / volunteers being female pre-pandemic, MSP has worked with Active Cheshire and England Boxing to develop a female only Boxing coaching level 1 course with 11 new coaches qualified. Working with Made up to Move Ltd, we were able to co-produce resources to support coaches to help make their sessions more positive and inclusive for young people.

Through the pandemic one of our key focus areas has been strengthening communities and the networks we are part of

We were able to provide evaluation and learning support to Liverpool City Council's Physical Activity and Sport Development Team for their "Get Out, Get Active" project, targeting socially disconnected groups that were more likely to suffer from health inequalities.

People with long term health conditions were a focus of Wirral's We Are Undefeatable project and MSP was able to provide support for the measurement and learning approach to understand the impact and themes that could inform future programme development.

In collaboration with Active Cheshire and Cheshire and Merseyside's Health and Care Partnership we have been able to work at a whole system level to influence greater activity within health provision and develop a strategic approach.

As the lead for the MIND North West Regional Development Network we have been able to strengthen the network and connection between physical activity and mental health

benefits, in particular working with Wirral MIND to kickstart a Motiv8 programme. Our collaboration with the Community Foundation and Merseyside Violence Reduction Partnership has helped strengthen the network of community sports, arts and culture organisations in priority areas and invest £390,000 to provide effective provision and engagement for young people who may be at risk of experiencing or becoming involved with violent crime, gangs or anti-social behaviour.

Economic prosperity through the pandemic has been severely impacted with many people being forced to adapt their working lives to furlough, work from home, teaching their children whilst working

Our Active Workplace programme, in conjunction with Liverpool City Council looked at how we can help people to adapt and reduce sedentary behaviour for employees across Merseyside; combining online webinars, activity challenges and training to do this. There is still so much more to do and as we enter into the next strategic period of MSP, we look at where the local need is, the behaviours we need to live and breath and the role that movement, physical activity and sport can play in helping the Liverpool City Region be the best place to live, for all it's communities and residents. To that end we look forward to the next year and development of our new strategy connected to the System and Delivery Partner Investment from Sport England.

INDEPENDENT EXAMINER'S REPORT TO MSPAB OF MSP

I report on the accounts for the year ended 31 March 2022.

Independent Examiner's Report to MSPAB

I report to MSPAB on my examination of the accounts of MSP for the year ended 31 March 2022.

Responsibilities and Basis of Report

As BMs you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of MSP's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

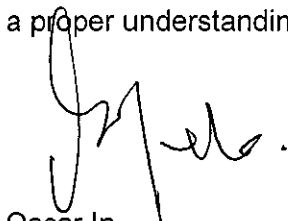
Independent Examiner's Statement

Since your organisation's gross income exceeded £250,000, your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

Having completed my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of MSP as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Oscar Ip
Institute of Chartered Accountants in England & Wales
Ip's Associates Limited
Oscar Ip & Co. Chartered Accountant
23 Argyle Street
Liverpool
L1 5BL

8 July 2022

MSP
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME RESOURCES				
Generated funds	2	<u>74,728</u>	<u>1,341,969</u>	<u>1,416,697</u>
Total		74,728	1,341,969	1,416,697
 RESOURCES EXPENDED				
Other resources expended		_____	<u>1,123,786</u>	<u>1,098,169</u>
NET INCOME		4,963	218,183	318,528
		_____	_____	_____
TOTAL FUNDS CARRIED FORWARD		<u>100,345</u>	<u>218,183</u>	<u>318,528</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

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BALANCE SHEET
AT 31 MARCH 2022

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
CURRENT ASSETS				
Cash at bank		100,345	218,183	318,528
Debtors	3	—	—	—
		100,345	218,183	318,528
Creditors: Amounts Falling Due Within One Year	4	—	—	—
		100,345	218,183	318,528
NET CURRENT ASSETS				
		100,345	218,183	318,528
TOTAL ASSETS LESS CURRENT LIABILITIES				
		100,345	218,183	318,528
NET ASSETS				
		<u>100,345</u>	<u>218,183</u>	<u>318,528</u>
FUNDS				
Unrestricted funds	6			100,345
Restricted funds				<u>218,183</u>
TOTAL FUNDS				
				<u>318,528</u>

The financial statements were approved by MSPAB on 8 July 2022 and were signed on its behalf by:



Chair

The notes form part of these financial statements

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Accounting Convention

MSP comes under the auspices of LCC and is governed by and adheres to LCC Financial Regulations and Standing Order processes. Detailed information can be found in MSP's Governance Framework 2017 – 2022.

Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the organisation is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

VAT

The organisation is exempt from VAT due to being hosted by LCC.

Fund Accounting

Unrestricted funds can be used in accordance with the organisation's objectives at the discretion of MSPAB.

Reserves Policy

MSPAB aims to maintain a restricted reserves figure of 3 months operating costs each year. This figure is **£74,728** per annum, at the end of March 2022, MSP's figure was **£74,728**.

Restricted funds can only be used for particular restricted purposes within the objects of the organisation. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACTIVITIES FOR GENERATING FUNDS

	£
Miscellaneous income	102,728
Restricted re-profile	205,937
Unrestricted re-profile	-
Reserves	74,728
Sport England – Lottery	764,226
Sport England – Exchequer Grant	263,529
Other grants	5,549

	1,416,697

Sport England Lottery Funding can be broken down as follows:-

Core services	£311,622
Daily mile	£12,705
Coaching development	£38,896
CYP	£269,003
Tackling Inequalities	£132,000
Total	£764,226

Sport England Exchequer Funding can be broken down as follows:-

Opening School Facilities	£263,529
Total	£263,529

MSPAB in line with its Reserves Policy has chosen to designate £74,728 towards three months operating costs which are currently held within the general fund.

3. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other debtor	-

	-

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other creditor	-

	-

5. MSPAB's' REMUNERATION AND BENEFITS

There were no BM remuneration or other benefits for the year ended 31 March 2022.

BM expenses

There were no BM expenses paid for the year ended 31 March 2021.

6. MOVEMENT IN FUNDS

	At 01.04.2022 £	At 31.03.2021 £
Unrestricted funds		
General fund	100,345	4,963
Restricted funds	218,183	275,703
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TOTAL FUNDS	318,528	280,666

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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

Funds	Incoming resources £	Resources expended £	Movement in funds £
General fund	1,416,697	(1,098,169)	318,528
TOTAL FUNDS	<u>1,416,697</u>	<u>(1,098,169)</u>	<u>318,528</u>

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

£

INCOMING RESOURCES

Activities for generating funds

Miscellaneous income	102,728
Restricted re-profile	205,937
Unrestricted re-profile	-
Reserves	74,728
Sport England - Lottery	764,226
Sport England – Exchequer Grant	263,529
Unbudgeted income	<u>5,549</u>
	<u>1,416,697</u>
Total incoming resources	1,416,697

RESOURCES EXPENDED

Support costs

Supplies	5,563
Services	660,174
Department re-charge	47,985
Employees / Office / Utilities	384,386
Transport	<u>61</u>
	<u>1,098,169</u>
Total resources expended	1,098,169

Net income	<u><u>318,528</u></u>
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